



**Runcorn REPS ASC**

*Code of Conduct*

### **Objective & Scope**

The purpose of this document is to establish a set of guidelines and procedures, which outline the responsibilities and behaviour of both staff and swimmers who are members of Runcorn REPS Amateur Swimming Club. Whilst it is specifically aimed at “away” trips where travel and accommodation are required, it is expected that the principles of the Code of Conduct should be followed at all events and training sessions.

The document should also be read in conjunction with other policy documents of the club, which set up clear rules and procedures in addition to the Code of Conduct.

### **Code of Conduct**

**Behaviour and Personal Conduct** must at all times be of a high standard to reflect favourably of the sport and the club. Language in public or in relevant group situations must always be appropriate and socially acceptable.

**Consumption of Alcohol** is totally forbidden for athletes under age as defined by UK law. It must not be consumed by swimmers or staff members whilst on route, prior to or following a competition event, training camp or team activities, without specific consent of the Team Manager. During competition alcohol is strictly forbidden to all swimmers and members of staff.

**Smoking** is prohibited by swimmers and staff whilst on route, prior to, during or following a competition, training event or team activity.

**Personal Appearance** shall be appropriate to the circumstances and as indicated by the team manager. Team Kit shall be worn as directed by the team manager, when competing, and training, when assembling or travelling, at official team functions or on other occasions as directed.

**Attendance** at all agreed sessions and events is expected unless agreed by the team manager. Throughout training or events swimmers should inform a club official of their whereabouts if they are not undertaking activities as directed.

**Illegal & Performance Enhancing Drugs & Substances** are strictly forbidden. Swimmers are expected to be aware of the banned substances and care should be exercised if swimmers are on medication before or during a meet.

**Illegal Drugs & Substances** are prohibited even if they do not appear on the official banned list.

**Medication** should be brought to all sessions and events where it may be required along with information about its use. Allergies to any other medication should be reported to the team manager and on the annual membership form.